

Do you smoke?

Are you pregnant and want to stop smoking?
Why not pop along to your local pharmacy for support to help you quit



Join the
INCENTIVE SCHEME
and receive up to
£150
Use the QR code above

QUIT YOUR WAY
with our support



Clicking the QR code sets up an automatic template email to request an electronic smoking cessation incentive pack. Please insert your postcode to identify your residential area. Should you require a paper copy of the pack, please also include your home address. Once the pack has been dispatched, the email containing your details will be deleted.

You can find information regarding NHS Tayside obligations with respect to your privacy and data protection rights on www.nhstayside.scot.nhs.uk