

OUTCOME 1

The environment we live in promotes conditions which protect against suicide risk. This includes our psychological, social, cultural, economic and physical environment.

NATIONAL ACTION AREA 1: Whole of Government and Society Approach

NATIONAL ACTIONS	NATIONAL ACTIVITY 2023/24	NATIONAL YEAR 2 ACTIVITIES	LOCAL ACTIONS	LOCAL ACTIVITY 2023/24	LOCAL YEAR 2 ACTIVITIES
1.1 – Whole of Government and society approach	<ul style="list-style-type: none"> <li>• Developed discussion paper, framework and hosted workshop to establish priority actions for focus on year one.</li> <li>• Engaged with leads across Scottish Government to build opportunities to progress the Whole of Government and Society actions.</li> <li>• Developed framework for prioritisation of actions with partners and advice from NSPAG</li> </ul>	<ul style="list-style-type: none"> <li>• Work with Suicide Prevention Policy Team to follow up on commitments made in Appendix A and progress work further</li> <li>• Identify and build engagement with policy teams across government to influence policy strategy to tackle inequalities and wider determinants</li> <li>• Lead a service design principles approach to develop policy interventions that can have the greatest impact on reducing suicide risk</li> <li>• Support</li> </ul>	<p>1.1 - Contribute to national action area 1 by continuing to be a member of the National Suicide Prevention Network and National Suicide Prevention Lead Officers Group.</p> <p>1.2 Continue to work with Protecting People Angus (PPA) partners to ensure a societal approach in Angus</p>	<ul style="list-style-type: none"> <li>• Attended scheduled meetings and feedback relevant info to Workstream to inform planning.</li> <li>• Continued work on Culture of Kindness to develop pledge and launch.</li> <li>• Attend bi monthly PPA Lead Officer and Development Officer meetings.</li> <li>• Progress actions within the PPA Joint Working Action Plan.</li> </ul>	As per Year 1

		<p>engagement across COSLA policy teams</p> <ul style="list-style-type: none"> <li>• Ensure approach to tests of change across the Outcomes includes whole society approach</li> </ul>			
<b>NATIONAL ACTION AREA 2: Access to Means</b>					
<p>2.1 – Access to means – cross sector action plan to address locations of concern</p>	<ul style="list-style-type: none"> <li>• Held a series of regional events to consider approaches to locations of concern which will influence national plan.</li> </ul>	<ul style="list-style-type: none"> <li>• Hold national stakeholder event</li> <li>• Share learning from local stakeholder events</li> <li>• Develop a delivery plan to support implementation of national guidance on Locations of Concern which supports existing local guidance</li> <li>• Develop a range of measures to support local work and share best practice</li> </ul>	<p>2.1 - Angus Locations of Concern Group will continue to meet and review updated National Locations of Concern Guidance to develop local actions using current data from Tayside Multi Agency Suicide Review Group (TMAASRG) and local partners.</p>	<ul style="list-style-type: none"> <li>•Reviewed membership of Core Angus LOC Group.</li> <li>•Reviewed the updated National Guidance with LOC Group.</li> <li>•Reviewed data gathering and analysis options and processes.</li> <li>•Continuous review of local data and intelligence to address any areas of concern.</li> <li>•Strengthened links with Network Rail, British Transport Police and Samaritans.</li> </ul>	<ul style="list-style-type: none"> <li>•Continue to review data gathering and analysis options and processes.</li> <li>•Continue to review of local data and intelligence to address any areas of concern.</li> <li>• Work with BTP, NR and Sams colleagues to address Tier 1 in Angus.</li> </ul>

<p>2.2 – Access to means - consider priority actions from Delphi study</p>	<ul style="list-style-type: none"> <li>• Delphi study phase 2 delayed due to requirement for additional ethical approval and work carried over to 2024/25</li> </ul>	<ul style="list-style-type: none"> <li>• Utilise learning from Delphi study phase 1 to support work of action 2.1</li> <li>• Following publication of Delphi study phase 2 in Autumn 2024, agree plan of implementation of recommendations where appropriate.</li> </ul>			
<p><b>National Action Area 3: Media Reporting</b></p>					
<p>3.1 – media reporting</p>	<ul style="list-style-type: none"> <li>• Delivered a series of training sessions for professionals working across media</li> <li>• Delivered media training to elected local members in Inverness</li> <li>• Training session to members of the Scottish Rural Mental Health Forum</li> </ul>	<ul style="list-style-type: none"> <li>• Working with partners, deliver training sessions to local suicide prevention stakeholders to increase confidence</li> <li>• Increase media industry training and engagement • Develop plan for college and university engagement</li> <li>• Increase monitoring of media reporting</li> </ul>	<p>3.1 - Contribute to the national awareness raising events about responsible media reporting (including social media) – drawing on lived experience ensuring these are addressed at local level.</p>	<ul style="list-style-type: none"> <li>• Attended national workshops/meetings</li> <li>• Worked with comms colleagues to address irresponsible media reporting at local and national level.</li> <li>• Development of an annual joint comms plan with AMHAWN Comms and Engagement Sub Group</li> <li>• Sharing of national media guidelines (Samaritans) with local colleagues.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to work with comms colleagues to address irresponsible media reporting at local and national level.</li> <li>• Continue to attend national workshops/meetings</li> </ul>

**OUTCOME 2**

**Our communities have a clear understanding of suicide, risk factors and its prevention, so that people and organisations are more able to respond in helpful and informed ways when they, or others, need support.**

<b>NATIONAL ACTION AREA 4: Learning and Building Capacity</b>					
<b>NATIONAL ACTIONS</b>	<b>NATIONAL ACTIVITY 2023/24</b>	<b>NATIONAL YEAR 2 ACTIVITIES</b>	<b>LOCAL ACTIONS</b>	<b>LOCAL ACTIVITY 2023/24</b>	<b>LOCAL YEAR 2 ACTIVITIES</b>
4.1 – social movement, campaigns, and anti-stigma	<ul style="list-style-type: none"> <li>• Maintained United to Prevent Suicide (UtPS) digital channels and advertising</li> <li>• Developed new @_FCUnited campaign</li> <li>• Engaged with LLEP and YAG to consider approach to future campaigns and social movement.</li> </ul>	<ul style="list-style-type: none"> <li>• Develop campaigns which align with strategic delivery</li> <li>• Utilise evidence to enhance social movement</li> </ul>	4.1 - Continue to work with colleagues and partners to deliver on Living Life Well action 1h) to reduce mental health stigma and discrimination.	<ul style="list-style-type: none"> <li>• 'Are You Ok?' pilot 2 complete and evaluated.</li> <li>• 'Are You Ok?' campaign launched.</li> <li>• 'Are You Ok?' planned rollout in progress.</li> <li>• Skilled level training offered and promoted</li> <li>• Informed level training options explored.</li> <li>• Mental Health &amp; Wellbeing Award (SCQF Level 5) Delivery supported</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor data</li> <li>• Liaise with national re campaigns</li> <li>• Continue 'Are You Ok?' rollout evaluating each stage.</li> <li>• Pilot and evaluate informed level training</li> <li>• Evaluate skilled level training to ensure need is being met.</li> </ul>

				and promoted.	
4.2 – suicide prevention learning approach	<ul style="list-style-type: none"> <li>• Worked with all SOLs to design an approach to community-led action research to support tests of change work</li> <li>• Developed facilitator resources which support delivery of the informed and skilled level Ask, Tell, Respond resources</li> <li>• Continued delivery of learning resources such as Ask, Tell, Respond, safeTALK and ASIST.</li> </ul>	<ul style="list-style-type: none"> <li>• Agree and deliver an approach to learning across Scotland which includes continued targeting and delivery of existing learning resources such as Ask, Tell, Respond, safeTALK and ASIST.</li> </ul>	4.2 Along with colleagues in Protecting People Angus (PPA) implement a Culture of Kindness across all Angus PPA partner organisations.	<ul style="list-style-type: none"> <li>• 4 x Power of Kindness Sessions planned to get input from community delivered.</li> </ul>	Along with colleagues in Protecting People Angus, implement Culture of Kindness in the wider community.
4.3/4.4 Suicide prevention included in Whole school approach to mental health and school curriculum.	This was not a priority action for 2023/24	<ul style="list-style-type: none"> <li>• Develop an approach to suicide prevention in education settings based on available evidence and resources.</li> </ul>	4.3 - Planning for Suicide Prevention Week.	<ul style="list-style-type: none"> <li>• Evaluated SPW activity 2023.</li> <li>• Worked in partnership with AMHAWN to plan SPW 2024.</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluated SPW activity 2024.</li> <li>• Worked in partnership with AMHAWN to plan SPW 2025.</li> </ul>

4.5 embed suicide prevention in pre-registration training	This was not a priority action for 2023/24	<ul style="list-style-type: none"> <li>Initiate mapping of stakeholders for preregistration training within relevant profession.</li> </ul>	4.4 - Reach groups/communities where there is a heightened risk of suicide by building capacity with local and community groups using data from TMASRG and local intelligence.	<ul style="list-style-type: none"> <li>Monitored TMASRG data and intelligence and progressed Tayside actions.</li> <li>Monitored local data and intelligence to inform and plan 'Are You Ok' rollout.</li> <li>Targeted approach for young males as per the data.</li> <li>Monitored NRS data.</li> </ul>	<ul style="list-style-type: none"> <li>Continue to monitor local, regional and national data to inform a targeted local response.</li> <li>Review and consider planning around Self-harm Strategy published Nov '23 <a href="#">Self-Harm Strategy</a></li> <li>Explore other high-risk groups identified: <ul style="list-style-type: none"> <li>LGBTQ+</li> <li>Areas of deprivation</li> <li>Rural communities</li> <li>Primary Care/In Patient Services</li> <li>Alcohol/Substance Use</li> </ul> </li> </ul>
4.6 – Online portal	<ul style="list-style-type: none"> <li>Surveyed stakeholders and potential users to identify needs and expectations for portal</li> <li>Developed design brief.</li> </ul>	<p>Develop and deliver an accessible online portal as a gateway to improve access to information and resources to support everyone affected by suicide. This includes:</p> <ul style="list-style-type: none"> <li>People at risk of suicide or in crisis</li> </ul>	4.5 - Work in partnership with education colleagues to ensure suicide prevention is included as part of the Children and Young People's Mental Health and Wellbeing professional learning resource to support the Whole School Approach to Mental Health. This includes the development/inclusion of resources.	<p>This was not a priority for year 1</p> <ul style="list-style-type: none"> <li>Supported Forfar Academy group to organise and host 'One is Too Many' event.</li> <li>Convened a group of key stakeholders to discuss, evaluate and scope Mental</li> </ul>	<ul style="list-style-type: none"> <li>Continue with scoping exercise to assess level of resource required to fulfil this action.</li> <li>Scoping exercise to evaluate knowledge/skills/confidence school staff to develop training offer.</li> </ul>

		<p>(adults &amp; children and young people throughout the lifespan)</p> <ul style="list-style-type: none"> <li>• Families and carers affected by suicide</li> <li>• Professionals who support those at risk of suicide and who lead suicide prevention in their communities will be able to access and share relevant suicide prevention learning and information.</li> <li>• The needs of groups impacted by discrimination, stigma, inequality and wider social determinants of suicide, and other populations at higher risk of suicide will be considered throughout the portal design/content.</li> </ul>		<p>Health &amp; Wellbeing and Suicide Prevention for young people in Angus.</p> <ul style="list-style-type: none"> <li>• Scheduled to attend student events at D&amp;A College to promote 'Are You Ok?' and strengthen engagement.</li> </ul>	
4.7 Accessible information to communities.	This was not a priority action for 2023/24	<ul style="list-style-type: none"> <li>• Provide reliable and easily digestible information in different formats</li> </ul>	4.6 Consider how suicide prevention training can be incorporated into mandatory training for both new and existing	<ul style="list-style-type: none"> <li>• Discussions took place with Tayside colleagues about how we could adapt informed</li> </ul>	<ul style="list-style-type: none"> <li>• Further develop mandatory training module to then approach Angus Council and AHSCP re introduction of mandatory SP module for new</li> </ul>

		about suicide and suicide prevention to communities of place and interest.	employees within Angus Health and Social Care Partnership, Angus Council and partners.	<p>level online resources to make a mandatory training module.</p> <ul style="list-style-type: none"> <li>•Details of training are now included in the Social Work/Care Management Induction &amp; Learning and Development folder.</li> </ul>	<p>staff.</p> <ul style="list-style-type: none"> <li>•Approach other businesses/organisation re introducing mandatory SP training (list of possible businesses to be developed)</li> </ul>
4.8 – improve understanding of help-seeking and help giving.	<ul style="list-style-type: none"> <li>• Commissioned AAG to undertake rapid review of help-seeking and help giving</li> <li>• Reviewed evidence from Samaritans West Highland and Skye project.</li> <li>• Engaged with LLEP and YAG</li> </ul>	<ul style="list-style-type: none"> <li>• Gather, analyse, contextualise and share evidence on help-seeking and help-giving from academic, lived and living experience and professional sources, to help shape and inform all relevant stakeholders' suicide prevention strategy and activity.</li> </ul>	4.7 Ensure Suicide Prevention Training information is included and up to date in the <a href="#">Protecting People Angus Learning and Development Framework</a>	<ul style="list-style-type: none"> <li>• Updated PPA L&amp;D Framework as and when required.</li> <li>• Contributed to the annual review and update of Tayside Training Framework.</li> <li>• Informed Level: Work with Tayside colleagues to develop training pilot offer using online NES resources.</li> <li>• Skilled Level: Continued to offer</li> </ul>	



				<p>SIPP on a monthly basis and advertise dates regularly.</p> <ul style="list-style-type: none"> <li>• Delivered 5 ASIST courses</li> </ul>	
			<p>4.8 Update Tayside Suicide Help App in line with its 10<sup>th</sup> anniversary and relaunch in Suicide Prevention week 2023.</p>	<ul style="list-style-type: none"> <li>• Public consultation completed.</li> <li>• All pages and graphics updated.</li> <li>• New layout of contacts section completed.</li> <li>• Discussion re options for safety planning and costings requested.</li> <li>• App promoted and part of 'Are You Ok?'</li> </ul>	<ul style="list-style-type: none"> <li>• Further exploration of safety plan section.</li> <li>• Annual update July 2025</li> </ul>
			<p>4.9 - Review current suicide prevention resources and ensure that they are available in different formats so information is accessible for everyone, including</p>	<p>Not a year 1 priority.</p>	<ul style="list-style-type: none"> <li>• Gather information on current resources available Angus wide.</li> <li>• Evaluate resources and identify gaps- to update,</li> </ul>

			people who do not have English as their first language, or those with learning disabilities.		refresh and develop.  • Explore different formats to develop to ensure inclusivity for vulnerable/ disadvantaged groups.
			4.10 - Continue to follow the national guidance for identifying and responding to a suicide cluster <a href="#">National Guidance</a>	<ul style="list-style-type: none"> <li>• Reviewed Angus data to quickly identify any cluster possibility</li> <li>• Worked with Tayside colleagues in response to any cluster/concern with data.</li> <li>• Reflected on learning from previous clusters in 2023.</li> </ul>	As per year 1

### OUTCOME 3

Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support - which promotes wellbeing and recovery. This applies to all children, young people and adults who experience suicidal thoughts and behaviour, anyone who cares for them, and anyone affected by suicide in other ways.

NATIONAL ACTION AREA 5: Supporting a Compassionate Response					
NATIONAL ACTIONS	NATIONAL ACTIVITY 2023/24	NATIONAL YEAR 2 ACTIVITIES	LOCAL ACTIONS	LOCAL ACTIVITY 2023/24	LOCAL YEAR 2 ACTIVITIES
5.1 consider ways to adapt DBI	This was not a priority action for 2023/24	<ul style="list-style-type: none"> <li>Explore opportunities to ensure DBI is considered for everyone with thoughts of suicide or who has attempted suicide where the person is assessed by frontline services as appropriate for referral to DBI.</li> </ul>	<p>5.1 Continue to implement Distress Brief Intervention (DBI) programme across Angus as per the Tayside DBI Implementation Group.</p> <p>Ensure that DBI is a key stakeholder in the development of an Angus Community Wellbeing Centre.</p> <p>Continue to roll out DBI in mental health and wellbeing Enhanced Community Support (ECS) hubs across Angus.</p>	<ul style="list-style-type: none"> <li>Supported colleagues in relation to DBI Programme and CWC work.</li> </ul>	

<p>5.2 – respond to the diverse needs of communities</p>	<p>Worked across outcomes to identify an approach which will support development of tests of change in communities and which is led by those communities          Developed and tested a workshop based approach to building connections with organisations and groups supporting communities impacted by stigma, discrimination and wider social determinants.</p>	<ul style="list-style-type: none"> <li>• Utilise action research approach to work with communities of place and interest and establish tests of change which will influence our approach across outcomes</li> <li>• Continue developing and growing work on building connections with groups and organisations working alongside communities impacted by groups impacted by discrimination, stigma, inequality and wider social determinants of suicide.</li> </ul>	<p>5.2 - Review current adult Angus Suicide Prevention Support Service contract delivering support to individuals, families, friends and carers affected by suicidal thoughts and behaviour.</p>	<ul style="list-style-type: none"> <li>• Quarterly report and regular contract monitoring meetings took place.</li> </ul>	<ul style="list-style-type: none"> <li>• Service will be part of the new CWC as from April 2025/</li> </ul>
<p>5.3 Build new peer support capability</p>	<p>Developed monitoring/evaluation framework for Scottish Recovery Network (SRN) project Agreed approach to capturing information about existing peer support provision Co-designed bespoke training on peer support for suicide</p>	<p>Enhance peer support resources through SRN programme of work to include:</p> <ul style="list-style-type: none"> <li>• Launch and roll out of training</li> </ul>	<p>5.3 Gather information about current suicide prevention services and resources available in both primary and secondary schools.</p>	<p>Not a priority for year 1.</p>	<ul style="list-style-type: none"> <li>• Work with education colleagues to determine what is currently available to evaluate, review and develop/update.</li> </ul>

	prevention Delivered a workshop at Suicide Prevention Conference on Peer support.	<ul style="list-style-type: none"> <li>• Development of practice guides</li> <li>• Deliver programme of network events.</li> </ul>			
5.4 Develop resources to support families, friends, carers / unpaid carers Links to 4.6	Engaged with unpaid carers and young carers organisations to explore and review existing resources and identify gaps.	<ul style="list-style-type: none"> <li>• Develop and publish accessible resources to support families and carers.</li> </ul>	5.4 Evaluate which staff within education setting have been trained in suicide prevention.	Not a priority for year 1	Links with 4.5
5.6 Prevent suicidal behaviour in CYP	<ul style="list-style-type: none"> <li>• Utilised existing sources of information and evidence to agree plan to address gaps in knowledge around children and young people</li> <li>• Survey of organisations working with CYP to fill gaps in understanding</li> <li>• Engaged with YAG to build understanding of priorities for action</li> <li>• Reviewed academic evidence of effective interventions to support CYP</li> </ul>	<ul style="list-style-type: none"> <li>• Bring together all evidence gathered over year one into a single report which sets out recommendations for action</li> <li>• Work with members of the CYP Joint Strategic Board to ensure the recommendations on suicide prevention are considered and form part of their work</li> <li>• Progress work focussed on care experienced Children ensuring, where appropriate connection is made at local level with the</li> </ul>	5.5 Work with colleagues in older people services and teams to raise awareness and promote services in relation to suicide prevention in Angus.	Not a priority for year 1.	<ul style="list-style-type: none"> <li>• Work with colleagues on OPS to assess knowledge, skills and confidence to develop SP offer.</li> </ul>

	<ul style="list-style-type: none"> <li>• Ensured suicide prevention is included in the programme of work taken forward by the CYP Joint Strategic Board.</li> </ul>	<p>relevant leads</p> <ul style="list-style-type: none"> <li>• Continue to explore available data which builds understanding of risk in CYP including outputs from the Child Death Hub Reviews work.</li> </ul>			
5.7 Develop approach to prevent suicidal behaviour in older adults.	Conversation café held at March conference focussed on needs of older adults	<ul style="list-style-type: none"> <li>• Engage with organisations working with older adults to build understanding of needs</li> <li>• Undertake review of available evidence through AAG</li> </ul>	5.6 Continue to support the mental health and wellbeing Enhanced Community Support (ECS) to identify and support people who are at risk of suicide, who may present in distress or with low mood, anxiety or self-harm.	ECS Hubs in place and up and running throughout Angus.	Continue support if and when required.
5.8 Work in primary care	<ul style="list-style-type: none"> <li>• Established connections at national and local level and explore opportunities for TSC in Primary Care</li> <li>• Explored opportunities to build in TSC to existing mental health work across primary care</li> <li>• Published further TSC practice stories including one in primary</li> </ul>	<ul style="list-style-type: none"> <li>• Building on exploratory work from year 1, develop and begin to implement plans to promote TSC and good practice in suicide prevention to the primary care workforce.</li> <li>• Informing and contributing to the delivery of strategic action 3.3. of the</li> </ul>	5.7 Continue work with Angus Urgent & Unscheduled Care Group to deliver programme of change in Minor Injuries and Illness Units for those who have self-harmed, have suicidal ideation and/or substance misuse.	Not a priority for year 1	<ul style="list-style-type: none"> <li>• Promote DBI, referral pathway, self-harm pathway, safety planning and App.</li> <li>• Explore data sharing agreement.</li> </ul>

	care settings.	Mental Health and Wellbeing Delivery Plan – to improve access to support, assessment and treatment and high quality mental health care in General Practice.			
5.9 Work in unscheduled care	<ul style="list-style-type: none"> <li>• Gathered information about current practice in unscheduled care settings</li> <li>• Delivered session at Mental Health Unscheduled Care (MHUC) event on Time Space Compassion</li> <li>• Delivered workshop on safety planning including TSC approach</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to build an understanding of and promote the principles of TSC across all HSCP/SP partnership areas, as well as examples/models of good practice.</li> </ul>	5.8 Fully participate in Urgent & Unscheduled Crisis Care Workstream to develop a Community Wellbeing Centre/Service for all age groups.	<ul style="list-style-type: none"> <li>• Contributed as and when required to development and planning of CWC.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to contribute and support as and when required.</li> </ul>
5.10 Clinical care Work to support statutory services to continuously improve the quality of clinical care.	<ul style="list-style-type: none"> <li>• Engaged with NCISH/HQIP to establish areas of good practice</li> <li>• Delivered session at MH leads network on NCISH recommendations in mental health settings</li> <li>• Identified three health</li> </ul>	<ul style="list-style-type: none"> <li>• Support improvement work to implement NCISH recommendations with an initial focus on risk management and carer involvement across three NHS Boards.</li> </ul>	5.9 Review, evaluate and promote current Angus Adult Bereaved by Suicide contracted service in line with national pilot evaluation and local need.	<ul style="list-style-type: none"> <li>• Quarterly reporting of ABSS and regular monitoring meetings took place.</li> <li>• Other services explored to determine need.</li> <li>• Current service evaluated and</li> </ul>	

	boards to pilot implementation of NCISH recommendations and undertake improvement work and held initial session to agree priorities for action and ways of working.			tenders invited.  •Liaised with national colleagues re national rollout.	
5.11 Bereavement support.	<ul style="list-style-type: none"> <li>• Completed evaluation of pilot service</li> <li>• Explored evidence from other services across Scotland and the UK Agreed approach to roll out of bereavement support across Scotland.</li> </ul>	<ul style="list-style-type: none"> <li>• Work with partner agencies across Scotland to establish bereavement by suicide support in 50% of NHS Board areas by April 2026 in line with evaluation recommendations and wider evidence gathered in 2023/24.</li> </ul>	5.10 Review and evaluate current Bereaved By Suicide support available for children and young people in Angus.	Not a priority in year 1.	Links to 4.5
			5.11 Annual review of process and information contained in Angus Suicide pack.	<ul style="list-style-type: none"> <li>•Worked with Police Scotland colleagues to review information in pack and updated.</li> <li>•Worked with Police Scotland colleagues to review pack sharing process.</li> </ul>	<ul style="list-style-type: none"> <li>•Annual pack contents review.</li> <li>• Explore idea of liaison person for immediate family.</li> </ul>
			5.12 - Continue to work with local suicide prevention services e.g. Andy's Man Club, Reach	<ul style="list-style-type: none"> <li>•Workstream membership reviewed to ensure inclusion of local SP services.</li> </ul>	



			Across to ensure services are promoted, informed and accessible to the people of Angus.	<ul style="list-style-type: none"> <li>• Existing link strengthened.</li> <li>• New links developed.</li> </ul>	
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#### OUTCOME 4

**Our approach to suicide prevention is well planned and delivered, through close collaboration between national, local and sectoral partners. Our work is designed with lived experience insight, practice, data, research and intelligence. We improve our approach through regular monitoring, evaluation and review.**

<b>NATIONAL ACTION AREA 6: Data, Evidence and Planning</b>					
<b>NATIONAL ACTIONS</b>	<b>NATIONAL ACTIVITY 2023/24</b>	<b>NATIONAL YEAR 2 ACTIVITIES</b>	<b>LOCAL ACTIONS</b>	<b>LOCAL ACTIVITY 2023/24</b>	<b>LOCAL YEAR 2 ACTIVITIES</b>
6.1 – suicide action plans in high risk settings	<ul style="list-style-type: none"> <li>• Developed a clearer understanding of current suicide prevention planning across high risk settings</li> <li>• Developed a clearer understanding of how to effectively support organisations to further develop and embed suicide prevention planning.</li> </ul>	<ul style="list-style-type: none"> <li>• Work with leaders in and across key settings to ensure existing plans are up to date and new plans developed (internal and outward facing), based on current evidence and good practice.</li> <li>• Support evaluation and monitoring and, where appropriate, develop and test tools/review systems</li> </ul>	6.1 Ensure a coordinated, collaborative and integrated approach to suicide prevention in Angus by continuing to develop the Angus Suicide Prevention Workstream.	<ul style="list-style-type: none"> <li>• Membership reviewed and updated.</li> <li>• Monthly meetings took place to further develop implementation plan with input from all service areas.</li> <li>• Specific people identified to lead on specific actions and implementation plan updated accordingly.</li> </ul>	As per year 1

		<ul style="list-style-type: none"> <li>Facilitate sharing of learning national to local and vice versa – and across key settings.</li> </ul>			
6.2 Further develop guidelines on suicide clusters	<ul style="list-style-type: none"> <li>Local areas supported to utilise the cluster response guidance (published in November 2022) in response to identified clusters.</li> </ul>	<ul style="list-style-type: none"> <li>Develop specific guidance for children and young people, drawing on the use of the guidance on suicide clusters.</li> </ul>	6.2 Use local data and intelligence from Tayside Multi Agency Suicide Review Group (TMASRG) and Public Health Scotland (PHS) to deliver targeted comms, engagement, and support to those at higher risk of suicide.	<ul style="list-style-type: none"> <li>SP comms added and updated to MHW Comms Plan using local and national intelligence to inform and update.</li> <li>TMASRG Annual Report presented and reviewed.</li> <li>Monthly TMASRG meetings attended and contributed to.</li> </ul>	As per year 1
6.3 – lived experience model	<ul style="list-style-type: none"> <li>Established lived and living experience steering group</li> <li>Recruited new lived and living experience panel and held induction day for them</li> <li>Recruited new Youth Advisory Group members</li> </ul>	<ul style="list-style-type: none"> <li>Active involvement of the refreshed Lived and Living Experience Panel and the Youth Advisory Group in shaping the design and delivery of CHT activities</li> <li>Continue to provide opportunities for lived experience groups to promote suicide prevention</li> </ul>	6.3 Use local and national data and intelligence to inform and effective and timely responses to suicide clusters and contagion within Angus.	<ul style="list-style-type: none"> <li>Each death by suicide reviewed to identify is cluster/area of concern and liaised with Tayside colleagues when required.</li> </ul>	As per year 1

	<ul style="list-style-type: none"><li>• All groups actively involved in delivery plan developments and events.</li></ul>	<p>messaging through the United to Prevent Suicide social movement (see action 4.1)</p> <ul style="list-style-type: none"><li>• Capitalise on the momentum generated by the U+PS campaigns to support the further development of the social movement</li><li>• Build membership of Youth Advisory Group to enhance the CYP lived experience voice.</li><li>• Continued safeguarding and enabling support for people to actively contribute to the Youth Advisory Group and LLEP.</li><li>• Lived Experience Steering Group continued oversight of lived experience inputs and direction of travel across the Delivery Plan activities</li></ul>			
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		and wider work.			
6.4 – improve recording of suicide deaths and attempts	<ul style="list-style-type: none"> <li>• Developed summary of national datasets and gap mapping – building on previous data and intelligence scoping to support delivery and enable reporting of progress against outcomes</li> <li>• Continued to quality assure data by undertaking comparison between NRS confirmed and Police Scotland suspected suicide data to ensure accuracy and identify discrepancies.</li> <li>• Explored the potential for data sharing between partners in key settings (e.g. education, police, social work, admission to and from liberation from SPS) on suicidal behaviour among young people</li> </ul>	<ul style="list-style-type: none"> <li>• Review current systems recording suicide deaths and attempts across different owners to assess gaps and potential solutions which support better integration of data, to achieve a greater understanding of the contributing factors for suicide in Scotland.</li> <li>• Bring together different data sources to provide improved picture of suicide (e.g. from helplines, assessment processes; routine datasets etc) in order to drive tailored and responsive action.</li> <li>• Develop localised and themed analyses of ScotSID datasets that highlight key characteristics of service users and what supports change</li> <li>• Work with data</li> </ul>	6.4 Work with partners to establish a lived experience group ensuring representation of the diverse range of people affected by suicide.	Not a year 1 priority	<ul style="list-style-type: none"> <li>• Work with Angus Voice to establish a lived experience group for Angus which can be approached to seek guidance on specific actions in the plan as and when required.</li> </ul>

	<ul style="list-style-type: none"> <li>Facilitated improved linkages with existing datasets – e.g. bring together ScotSID, more timely data, NRS, unscheduled care, prescribing with wider inequalities datasets e.g. GBV, alcohol and drugs (potentially ongoing).</li> </ul>	<p>providers/users/ Mental Health Equality and Human Rights Forum and other partners to explore how best to provide improved data on inequalities in suicide and develop opportunities to utilise this data to inform practice and improvement.</p>			
6.5 Horizon scanning	<p>AAG along with delivery partners developed first horizon scanning report focussed on safety planning.</p>	<ul style="list-style-type: none"> <li>AAG will work with partners to deliver six monthly horizon scanning reports</li> </ul>	<p>6.5 Improve data recording and reporting on suicide deaths and attempts, and bring that together with the wider, relevant data to improve our understanding of suicide risk and trends, to support, planning, delivery and evaluation locally.</p>	<ul style="list-style-type: none"> <li>Continued to be part of TMASRG to review all Angus deaths.</li> <li>Updated working spreadsheet to document all data for each death.</li> <li>Explored Suicide Review National Pilot System.</li> <li>Explored ways to gain data re rail deaths/attempts from British Transport Police.</li> </ul>	<ul style="list-style-type: none"> <li>Data sharing- Can we obtain data about self-harm and attempted suicides for both adults and CYP so we can organise support.</li> </ul>
6.6 – roll out suicide reviews and learning	<ul style="list-style-type: none"> <li>Worked with 9 local authority areas to implement the QES</li> </ul>	<ul style="list-style-type: none"> <li>Continue to roll out the suicide review system, with ongoing</li> </ul>	<p>6.6 Continue membership and participation with</p>	<ul style="list-style-type: none"> <li>Attended all TMASRG meetings.</li> </ul>	<p>As per year 1</p>

system	<p>recording system and support a learning approach to suicide reviews</p> <ul style="list-style-type: none"> <li>• Connected with HIS on their work around significant adverse reviews relating to suicide</li> <li>• Connected with HIS and the Care Inspectorate around their Child Death Hub work.</li> </ul>	<p>learning from the early adopters shared with other local areas ensuring connection with developments in the approach to public protection</p>	<p>Tayside Multi Agency Suicide Review Group (TASARG) using learning to inform regional and local actions.</p>	<ul style="list-style-type: none"> <li>• Used learning to inform actions and planning locally,</li> </ul>	
6.7 Build capacity, disseminate information and share learning on suicide prevention between and across sectors.	<p>Events held included for</p> <ul style="list-style-type: none"> <li>• organisations working with marginalised communities • third sector/ charitable organisations</li> <li>• local suicide prevention leads</li> <li>• people working across different sectors Engaged suicide prevention network to agree</li> </ul>	<ul style="list-style-type: none"> <li>• Series of learning events at national, regional and local levels to be developed (and sectoral)</li> <li>• The Academic Advisory Group continues to provide evidence informed resources to support the Delivery Plan implementation</li> </ul>			

	<p>approach to future network sessions Monthly local suicide prevention leads drop in meetings Support for local areas through the suicide prevention implementation leads and capacity building leads Bi-monthly newsletter Regular blogs, publications and updates through suicide prevention medium page and social media.</p>				
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